**MCMCT Meeting Minutes**

**June 20th , 2016**

**CAST Room Board Room**

**10:00-12:00**

Present: Cindy Himelstein, Shaden Jebahi, Cindy McCarthy, Jillian Sewell, Anna Polla, Lisa Shortall, Lovelle San Gabriel, Beverly Ann D’Souza, Sharma Queiser, Paola Collini-Martins, Linda Saad, Yota Lambrakos( new Parks Forestry and Recreation rep), Sugathine Sivakumar( new Parent member)

Regrets: Lee Soda, Shaida Addetia, Lee Ford-Jones, Eneyda Guerra, Ian Edward

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| **Agenda Item** | **Discussion** | **Action** |
| **Welcome** | Minutes of May 16th , 2016  Minute Taker- Shaden Jebahi |  |
| **Scheduled Meetings 2016/17** | The Coalition scheduled meetings for 2016/2017. (See attached) |  |
| **Shaden’s update** | Month-in-Review (See attached)  Shaden updated the group about field visits, meetings with parent councils and parent leaders identification strategy. She shared with the members that parents Honorariums will be spent as gift cards of 25$ and the amount of money will be determined according to the task and hours spent. She asked members to identify 1 or 2 parent leaders from their catchment areas and mentioned that there are 5 leader parents already identified by some members (FHC, DP Hub, WNC, Model Schools). A general meeting with leader parents will be held at CAST to share goals and expected tasks.  As for learning sessions, Shaden shared with members the results of a focus group held at Dorset Park Hub on June 16th with 8 parents with children 6-12 years to narrow down learning sessions topics parents are interested to know about under Mental Health, Physical Activity, Nutrition, Social Safety and Learning and Education. (See attached for results) | Shaden will:   1. Send emails to members to collect names and contacts of identified parent leaders. 2. Meet with Sick Kids Hospital end of June/beginning of July 2016 to discuss commitment and dates. 3. Identify 4 locations of learning sessions delivery. 4. Will conduct 2nd focus group with Waterfront Neighborhood Center parents in June 2016. |
| **Parent Symposium Workgroup Discussions** | Group: Anna, Beverly, Lovelle, Lisa S., Linda Saad, Yota, Cindy Mc., Poala, Suganthine and Shaden  **Date**: November 12th or 19th 2016  **Location:** North York TPL or North York Memorial Hall.  Anna Polla suggested Healthy Kids Community Challenge to facilitate a session on physical education and physical literacy.  Lisa S. suggested to check with the facilitator the preference of room setting especially when implementing activities with parents to teach them how to promote physical activities with their children.  There will be an opening ceremony in addition to 4 breakout sessions such as:   * Picky Eaters and Healthy snacks facilitated by TPH nurses * Kids have stress too facilitated by TPH * Cyber bullying (Suganthine) * Physical Education (Andrea Laing – Healthy Kids Community Challenge)   The group suggested that parents register prior to the conference day at two sessions to make use of their attendance. (each session is 45 min) and then Closing statement for 15 minutes.  Presenters are to provide presentations prior to the event and after their sessions they provide outline and notes of on their sessions.  Resource packages for parents should be ready and include agenda, presentations, all the printed material, a notebook and a pen.  Tables of 6-8 parents in the main room.  Outreach can be done using eventbrite and flyers distribution (with focal person name – phone number & email + highlighting the main topics, free food, tokens, childcare allowance and free of charge event) at community centers, emails through members’ channels and invitations.  TCDBS can distribute the flyer via email in addition to ARC (after approval)  September 1st week of School the flyer has to be sent via all the channels because parents are ready to book dates starting a new scholastic year.  Parents will be asked to fill out OTF evaluations in addition to the MCMCT evaluation questions that should always be related to the grants outcomes.   * Next Conference Calls: * June 22, 2016 12:00 – 2:00 * July 13, 2016 from 12:00 – 2:00   Confirmations for July 13 date were made by: Lovelle, Beverly, Poala, Linda, Yota, Shaden | Shaden to follow up with Diane Banks on TPL booking.  Anna Polla to provide the contact of Andrea Laing, Healthy Kids Community Challenge.  Lovelle to check the content and participation once dates are set.  Suganthine will provide the name of Cyber Bullying facilitator. |
| **Website/ social medial Workgroup**  **Discussions** | Group: Sharma Queiser – Jillian Sewell and Cindy H.  Discussion focused on the Parent section of the website and how it will become a resource hub for families with children 6-12 years  Lots of other good websites that we can link with:  About Kids Health( Sick Kids Hospital)  Kids Helpline  The group liked the ParentFuther.com website that is easy and clear to navigate and good resources  MCMCT website suggested categories for **Parent** section will include   |  |  |  | | --- | --- | --- | | Finding A Quality Program | Ages & Stages | Civic Engagement | | Defining a Quality Program/Standards | Learning Session Topics Materials | Income Supports | | How to find an out of school program  City of Toronto- Children’s Services | Others Resources |  | | Parks Forestry and Recreation (welcome policy, etc) | Family Activities |  | | Coalition Member’s programs/ others such as  TDSB beyond 3:30 |  |  |   Also discussed revamping materials as it relates to Membership, Code of Conduct, etc. | Sharma will review the links on the website to make sure they are still viable  Next workgroup meeting is Thursday July 28th @ 10:00 am  CAS of Toronto |
| **Next Meeting** | **Monday September 19th , 2016; 7th floor; Room 7-1**  Parent Symposium Workgroup (Lovelle, Paola, Anna Polla, Shaida, Beverly, Linda Saad, Yota Lambrakos and Shaden) will be co-chaired by Eneyda/Lisa S. and will have **a conference call on Wednesday June 22, 2016 and July 13th 12:00-2:00 pm** |  |